## lingoda

## Let's eat!

## VOCABULARY



## Goals

Learn vocabulary related to food

Practise some, any, many, much and a lot

How many different fruits and vegetables do you know? Some? Not many? After this lesson you will know lots!

## Food glorious food

- Food is an important part of our daily lives and learning how to talk about food is important and fun!


They eat a lot of vegetables of many different kinds. There isn't any meat on the table though, perhaps they are vegetarians?


I don't have any food.


I have some rice.

## many

How many bananas do you have?
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How much bread do you have?


I eat lots of chocolate.


## I eat lots of different food.

I don't eat many vegetables.


## How much?



There isn't any fruit in this picture.

## How many cookies can you see?

Here is some soup with bread.

I eat lots of fast food.

## A full fridge



Someone has been to the supermarket recently! Look at this picture of a very full fridge!

## What can you remember?

Think about the very full fridge that you just saw a picture of. Now follow the instructions below!

> What food and drink can you remember seeing in the fridge? What food and drink wasn't in the fridge?

## What can you remember?

Think about the very full fridge that you just saw a picture of. Now follow the instructions below!


What food and drink was in the fridge? What food and drink wasn't in the fridge?


What about your own fridge at home? What food and drink do you usually have in your fridge? What do you never buy? Why?

## cereal



We eat cereal for breakfast.


Nuts are a healthy snack.


Sometimes we eat yoghurt with cereal.


We often eat courgettes with pasta.


Mushrooms grow in the forest.


## Some mushrooms are poisonous.

Courgettes are best in summer.


Children like eating cereal.

Sometimes we eat yoghurt as a dessert.

## Quick challenge

Can you think of 15 different kinds of food and drink that people have for breakfast?

## Breakfast around the world

Breakfast is the most important meal of the day, but breakfast is very different around the world. In Europe bread is often a popular choice for breakfast, often with some jam or butter, or for children with some Nutella! In Britain people often have toast for breakfast but in France and Germany people prefer to eat fresh bread from the bakery. In Asia people sometimes have soup for breakfast and in parts of Africa porridge is a popular choice. Tea and coffee are common morning drinks all over the world.

## Tea or coffee?

Breakfast food is different around the world but tea and coffee are popular drinks everywhere. What about you? Do you need a cup of tea or coffee in the morning? Tell your teacher your tea or coffee habits!

## Breakfast and you

What about you? What do you normally have for breakfast? Do you have the same breakfast at weekends, or on holiday? Ask your teacher too!



Cherries are dark red.


Kiwis are green inside.

## strawberry



Strawberries are a red fruit.

## grapefruit

Sometimes people put sugar on grapefruit.


We often eat avocado on bread.

## Avocados have a big stone in

 the middle.Strawberries are best in June and July in Europe.

## Fruit

Cherries grow on trees.

We do not eat the skin of a kiwi.

We often make juice with grapefruits.

We sometimes use strawberries to make cakes.

## What can you see in the pictures?



## Shopping for food

In the past people shopped for food at weekly markets or in small shops but now most people do their food shopping at big supermarkets. Supermarkets are often cheaper than smaller shops and they have more choices. However, at markets and smaller shops the fruit and vegetables are sometimes fresher and come from the local area. Nowadays some people even do their food shopping online and have it delivered to their door!

## True or false?

1. Supermarkets are more expensive than small shops.

2. People shopped at weekly markets more in the past.

3. You can't do food shopping online.

4. The food in smaller shops and at markets is often local.

5. Not so many people shop at supermarkets.


## And you?

The text talks about shopping habits. What about where you live? Is there a local market? How far is the supermarket? Where do you usually shop for food?

supermarket

## For and against

Imagine you live in a small village with many small food shops. A big supermarket wants to open very near your village. You go to a meeting of local people to talk about this. What are the arguments for and against the supermarket opening? Remember to give your opinion too!

Supermarkets kill local businesses!

## Food alphabet game

A is for apple
Can you think of a food or drink for every letter of the alphabet? Play with your teacher and make a sentence after each letter. Don't worry, you can skip the letter $x$ and you can ask your teacher for help at any time!

A is for apple. Apples can be red, green or yellow!

## Reflect on the goals

Go back to the second slide of the lesson and check
if you have achieved all the goals of the lesson.


## Reflect on this lesson

Think about everything you have seen in this lesson. What were the most difficult activities or words? The easiest?


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Match the sentences

1. How many...
2. Courgettes are green...
3. Kiwis are green...
4. How much...
5. I eat a lot...
6. I don't eat...
7. There are some...
a. on the inside.
b. water do you drink?
c. any mushrooms.
d. of vegetables.
e. strawberries can you eat?
f. vegetables I don't like.
g. on the outside.

## © <br> Vocabulary lists

## Check the last five words of the lesson. Sort them into two lists. <br> Give your lists a name.


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My favourite words

## Choose five words from the lesson and note them in your list of favourite words.


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## Write a sentence for each word you have just written in your list of favourite words.



## Sentences about myself

## Choose five example sentences from this lesson. Copy them and write them about yourself.

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Examples:
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Hello! My name is .
$\rightarrow$ Hello! My name is John.
I like apples
$\rightarrow$ I like bananas
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> ' '

## About this material



